

STUDENT LIFE

Services and programs are provided on the campus to help students make the transition to UH Mānoa, to secure basic financial assistance and housing, to obtain the personal assistance needed to achieve academic goals, and to plan for productive careers.

Co-curricular programs offer students opportunities for leadership development and cultural, social, and recreational experiences. These programs provide excellent opportunities to gain leadership skills, to serve the community, and to obtain insights into community organization and development. Students are urged to participate in campus programs as involvement enhances the learning experience and leads to a more enjoyable and successful student life on campus.

Vice Chancellor for Students

Queen Lili'uokalani Center for Student Services 409 2600 Campus Road Honolulu, HI 96822

Tel: (808) 956-3290 (Voice/Text)

Fax: (808) 956-3292

Web: www.studentaffairs.manoa.hawaii.edu

The Office of the Vice Chancellor for Students coordinates educational services and programs within the Office of Student Affairs and acts as a resource on the development of UH Mānoa policies related to student affairs. The Office of the Vice Chancellor for Students also advises and assists students regarding discrimination, academic disputes and grievances, conduct code issues, and other related matters.

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Housing

Student Housing Services Frear Hall 2569 Dole Street Honolulu, HI 96822-2328

On-Campus

Tel: (808) 956-8177 Fax: (808) 956-5995 Email: uhmsh@hawaii.edu Web: manoa.hawaii.edu/housing

UH Mānoa has approximately 3,700 bed spaces available on campus. Facilities range from residence halls with shared doubles or suites with a limited number of singles, to apartments with shared one-bedroom and two-bedroom units. A limited number of modified and accessible units are also available. Students with families live in the apartment area.

Living on campus provides students with a residential learning experience that is supported and enhanced by live-in housing staff. Residence Directors and Resident Assistants actively serve as resources, help to develop positive communities, and organize activities and programs. Residents are able to make stronger connections with other students and their academic pursuits while experiencing a greater engagement in campus life.

Residents living in the residence halls are required to select and purchase a dining plan from a variety of dining plans offered. A dining plan is optional for apartment residents. Residents dine at the Hale Aloha or Gateway House cafeterias. Detailed dining plan information is available at our Student Housing Services website.

Applications received by the application deadline are prioritized by predetermined categories. Placement is offered only to those applicants who have been accepted into classified programs of study and have confirmed their intent to attend the university. Applications received after the application deadline are assigned on a first come, first serve basis. Neither on-time nor late applications are guaranteed an assignment offer.

Commuting and Parking

Commuter Services Queen Lili'uokalani Center for Student Services 014 2600 Campus Road Honolulu, HI 96822

Tel: (808) 956-8899 Fax: (808) 956-9811 Email: parking@hawaii.edu

Web: www.manoa.hawaii.edu/commuter

The mission of Commuter Services is to maximize access to the UH Mānoa campus through a commitment to innovation, environmental sustainability, resource management, and quality customer service.

Students, faculty, and staff employ various modes of transportation to campus. Alternative options to driving alone include Honolulu's bus system (TheBus), biking, walking, and carpooling.

Currently, full-time students (after paying their mandatory \$40/semester Transportation Fee) qualify for a U-Pass, which allows them to ride TheBus at no cost 24/7 during the fall and spring semesters. The U-Pass sticker is affixed to the student's ID and issued at the Ticket, Information, and ID Office in the Campus Center. UH Mānoa is served by bus routes 4, 6,



13, and 18, plus express routes A, 80A, 85, 85A, 90, and 94. Real-time bus schedules are available at www.thebus.org/Route/Routes.asp. For more information, call (808) 848-5555 or go to www.thebus.org.

The university's Rainbow Shuttle system consists of multiple routes through campus and the neighboring vicinity, day and evening. This free service includes regular runs to and from residence halls, as well as adjacent neighborhoods, and off-campus parking locations. For shuttle schedules and route maps, get the app "UHM Shuttle" or go to www.uhmshuttle.com.

Bike parking on campus is also free—cyclists are reminded to lock their bike to one of the many authorized racks to avoid citation.

UH Mānoa's car sharing program, a partnership with Enterprise Rent-A-Car, provides those commuting to or living on campus without a vehicle the option of a short-term car rental. Shared cars are conveniently parked at various locations around campus. Learn more about this low-cost, environmentally-friendly membership program at manoa. hawaii.edu/commuter/carshare.html.

If you plan to drive to Mānoa, a limited number of parking permits are available to UH Mānoa affiliates. Read more about the permit application process on our website. Apply for regular day permits, as well as carpool (students only), evening, and medical permits. Visitors and students may also pay a daily fee to park, on a space-available basis, in designated locations, such as the Lower Campus Parking Structure. Motorcycles and mopeds must also have a paid permit to park in designated lots on campus.

Parking regulations are enforced 24 hours daily throughout the year. Vehicles in violation are subject to citation and/or towing. Please familiarize yourself with UH Mānoa parking regulations on our website; plus the campus policy governing bikes, skateboards, and other coasting devices at manoa.hawaii. edu/commuter/bike.html.

Commuter Services Office is open Monday through Friday, 7:45 a.m. to 4:30 p.m.; closed on holidays.

Public Safety

UH Mānoa Department of Public Safety 1951 East-West Road Honolulu, HI 96822 For emergencies: Call HPD at 911

To report a crime or request assistance: (808) 956-6911 Campus Safety Escort Service: (808) 956-SAFE (7233)

Business Tel: (808) 956-9293

Fax: (808) 956-8495 Web: manoa.hawaii.edu/dps

UH Mānoa Department of Public Safety (DPS) is dedicated to providing and promoting a safe and secure campus, and serving our community with aloha.

DPS operates 24 hours a day, 7 days a week, to patrol and respond to reports of crime or suspicious activity on UH Mānoa campuses. 76 Emergency Call Boxes are located throughout campus to provide instant communication with DPS officers, and are easily identified at night by their blue lights. The department's Safety Escort Service provides a walking escort or vehicle transportation between on-campus facilities, every evening from dusk until dawn. DPS also offers a variety of crime prevention and awareness programs, which are available through the department's Community Policing Unit.

DPS complies with the Jeanne Clery Act. For information regarding DPS services, the Annual Security Report, crime prevention, and other safety tips, visit manoa.hawaii.edu/dps.

Mānoa Bookstore

2465 Campus Road Honolulu, HI 96822 Tel: (808) 956-9645

Fax: (808) 956-4323

Web: www.bookstore.hawaii.edu/manoa

University of Hawai'i at Mānoa Bookstore (Mānoa Bookstore), an operation of UH Mānoa Campus Services, offers a great selection of textbooks, school and office supplies, technology products, apparel, spirit items, and more. Located in Campus Center, its regular hours of operation during the fall and spring semesters are: Monday-Thursday from 7:45 a.m. to 6:00 p.m., Friday from 7:45 a.m. to 4:30 p.m., Saturday from 9:00 a.m. to 12:30 p.m., and closed on Sundays and holidays. During the summer and most semester breaks, hours are Monday-Friday from 8:00 a.m. to 4:30 p.m., Saturday from 9:00 a.m. to 12:30 p.m., and closed on Sundays and holidays. All proceeds from Mānoa Bookstore sales benefit the University of Hawai'i.

The book department provides required textbooks for all courses, supplemental study guides, books by University of Hawai'i authors, and hardback bestsellers. Textbooks are requested by faculty and made available for purchase at the start of each academic term. Mānoa Bookstore offers many affordable options for textbook purchases: new, used, rental, and/or digital books, when available. Books may be ordered online or by phone for at-home delivery or in-store pick-up. For students who wish to sell books they no longer need, the Bookstore hosts a textbook buyback session six times a year.

Because college is not all about books, Mānoa Bookstore carries general office and school supplies as well as a wide variety of art supplies recommended by academic instructors. In addition, the Bookstore offers convenience items, snacks and beverages, health and beauty aids, greeting cards, alumni accessories, and small gifts. When it's time to graduate, students shop for their caps and gowns, commencement announcements, and diploma frames in Mānoa Bookstore's supplies department.

For new computer, laptop, or tablet purchases, ask about the Bookstore's educational pricing for UH Mānoa students, faculty, and staff (valid UH ID or current registration required). Mānoa Bookstore is an Adobe software seller, Dell University retailer, and an Apple Authorized Campus

Store with Apple-certified technicians. It also offers a Trade-in program for UH students, faculty, and staff to sell back working or defective laptops, MP3 players, cell phones, tablets, iPods, and MacBooks for Bookstore credit. Or, if a device has no value, the Bookstore will recycle it at no cost. UH alumni are also now eligible for education pricing on Apple products as well as in-store repair and services, as well as the trade-in program. The computer department also carries Apple watches, headphones, laptop cases, portable speakers, adapters, and other tech accessories.

For document services, see the Bookstore's Campus Solutions, conveniently located next to the Customer Service counter. Campus Solutions is a one-stop shop for affordable copying and printing on campus. Campus Solutions also handles document finishing, faxing, scanning, and laminating services for students, staff, and visitors. Campus Solutions can also print large-sized posters and vinyl banners, up to 12-feet long, as well as vinyl decals. Finishing services also include grommets and poster board-mounting capabilities. Simple printing jobs may be ordered online at www.bookstore.hawaii. edu/manoa.

In addition to classroom necessities, Mānoa Bookstore features official University of Hawai'i licensed logo clothing and spirit items, including brand name athletic wear, T-shirts, alumni apparel, and game gear for University of Hawai'i fans. The Bookstore's Campus Road fashion line also carries trendy, non-logo apparel. Handbags, backpacks, hats, drinkware, dorm accessories, and jewelry are other popular items in-store.

Mānoa Bookstore has everything for college life and more. Information about special events, contests, sales, new products, and seasonal hours may be found on the Bookstore's website (www.bookstore.hawaii.edu/manoa), Facebook page (www.facebook.com/manoabookstore), Twitter (@manoabookstore), and Instagram (@manoabookstore), or by signing up for the Bookstore's monthly e-newsletter.

Library Services

Hamilton Library

2550 McCarthy Mall Honolulu, HI 96822

Tel: (808) 956-7203 (Voice/Text) (808) 956-2534 (Voice/Text) Web: manoa.hawaii.edu/library

Sinclair Library

2425 Campus Road Honolulu, HI 96822

Tel: (808) 956-8308 ext. 52 (Voice/Text)

(808) 956-5417 (Voice/Text)

Web: guides.library.manoa.hawaii.edu/sinclairlibrary

Library Hours

Web: manoa.hawaii.edu/library/about/visiting-the-library/hours

Library Departments, Collections & Services

Web: manoa.hawaii.edu/library/about/organization/departments

Library Staff Directory by Departments and Collections

Web: manoa.hawaii.edu/library/about/organization/staff

UH Mānoa Library (housed in Hamilton and Sinclair facilities) provides the largest collection of information and research materials in the state with over 3.2 million volumes, as well as 356,000 ebooks, 21,291 print, and 62, 291 ejournals, and 304 databases, making this a Carnegie Research 1 library. Its website provides access to local and national indexes, specialized databases, internet resources, unique, local digitized

collections, and library catalogs throughout the nation. Hamilton Library contains the main book, periodical, and microform collections. Separate components include the Asia Collection; Archives & Manuscripts; Hawaiian & Pacific Collections; Special Collections of rare books; the Charlot Collection; Government Documents; Maps, Aerials, and GIS (MAGIS); Business, Humanities and Social Sciences; and Science and Technology.

Librarians provide information literacy instruction, reference services, online information retrieval, and research consultation. The Interlibrary Loan and Document Delivery services help faculty and students obtain research material from off-campus sources. A Computerized Learning and Information Center is staffed in partnership with Information Technology Services.

Rooms for individual and group study and presentation practice are available at both libraries. Graduate students may reserve lockers and private study carrels in Hamilton on a space-available basis. The library hosts lectures, workshops, and other events and provides several exhibit areas.

Sinclair Library houses the Reserve Materials Collection, the Wong Audiovisual Center, the Music Collection, and various units of the Office of Undergraduate Education. The Wong Audiovisual Center has a large collection of video and sound recordings that may be reserved for classroom showings or individual use. Both library buildings host the UH System ITS Computerized Learning and Information Center (CLIC) labs.

Health Services

University Health Services Mānoa 1710 East-West Road Honolulu, HI 96822

Tel: (808) 956-8965 Reception Desk (808) 956-6221 Specialty Clinics

Fax: (808) 956-0853 Web: www.hawaii.edu/shs/

University Health Services Mānoa (UHSM) offers medical services and health promotion programs for students, faculty, and staff. Patient Care: Monday through Friday, 8:30 a.m. to 4 p.m. Hours of operation: Monday through Friday, 8:00 a.m. to 4:00 p.m. For overnight and weekends, medical professional telephone consultation is available. For clinic hours, appointments, or information, please call UHSM, or visit the website above.

Health Clearance

The State of Hawai'i mandates that certain health requirements be met for entrance to post-secondary educational institutions. (Hawai'i Administrative Rules, DOH Title 11, Chapter 157)

You may not register for classes until you have received health clearance.

Health Clearance Requirements are:

- Submit Health Clearance Form. Information on obtaining the Health Clearance Form is given to students along with their acceptance packet. Complete the front page of this form to the best of your ability. The back page can be completed by your physician or, if you have your own personal immunization records, you can submit a copy of the records.
- Comply with State of Hawai'i tuberculosis clearance guidelines. ALL students enrolled at UH Mānoa must have tuberculosis (TB) clearance. A negative TB skin test (PPD-Mantoux) within one year prior to your enrollment is

- required. Skin test results must be read in 48 to 72 hours and results documented in millimeters, i.e., 0mm. If positive, a chest x-ray is required. TB tests must be performed by a U.S. licensed provider.
- Returning or Transferring Students from a postsecondary school in Hawai'i (i.e., UH Hilo, Community Colleges, Chaminade, HPU, etc.):
 - When you re-enroll in another post-secondary school in Hawai'i, a copy of your original certificate shall meet the Tuberculosis requirements for certification.
 - The Tuberculosis certificate must be done in Hawai'i for a post-secondary school.
 - Hawaii students with a history of a positive PPD and negative chest x-ray must complete and return the Tuberculosis Symptom Screening form.

Provide documentation of immunity to measles, mumps, and rubella (MMR)

- You need two live doses of measles vaccine, with at least one being an MMR (Measles, Mumps, and Rubella) vaccine.
- Your <u>first</u> dose must have been given on or after your first birthday.
- Your <u>second</u> MMR vaccine must have been given at least 4 weeks after the first vaccine.
- Measles, Mumps, and Rubella immunizations may be waived if:
 - You have a blood test to prove your immunity to measles, mumps, and rubella. The measles, mumps, and rubella titers are needed, OR
 - You were born before 1957.

Clinical Services

General Medical Clinic

Physicians and nurses provide primary medical care for illness and injury. Services also include immunizations, travel counseling, allergy shots, and physical examinations. A clinical laboratory provides testing, and the pharmacy stocks prescription and over-the-counter medications. UHSM assists patients in obtaining specialized medical services in the community.

Specialty Clinics

Specialty clinics include sports medicine, dermatology, and psychiatric services. The following special services are also offered:

- Nutritional counseling is provided for medical conditions and weight, sports, and fitness concerns.
- The Women's Health Clinic offers examinations, pap tests, contraception and emergency contraception, tests and treatment for sexually transmitted infections, pregnancy tests, and education and counseling.

Fees

Services, supplies, and medications are provided at reasonable cost to clients with and without billable insurance. UHSM will submit claims for visits and procedures to the endorsed UH student insurance plans and other non-HMO companies.

For additional information, visit: www.hawaii.edu/shs/for_patients/service_fees.php.

Health Promotion Program

Queen Lili'uokalani Center for Student Services, 313D 2600 Campus Road Honolulu, HI 96822

Tel: (808) 956-3574 Health Promotion and Mānoa Alcohol Project Resource Center

Fax: (808) 956-6371

Student Health Insurance

All students are strongly urged to purchase medical insurance. Nonimmigrant international students are required to have insurance coverage. UH Mānoa endorses a student health insurance plan with enrollment periods at the beginning of each semester. The endorsed plan cover visits at UHSM. Contact the Health Promotion Resource Center or visit the UHSM website for information on these plans.

Health Resource Center

The Resource Center provides a wide range of health education materials for personal use and class presentations and papers. Resource center personnel are available to assist students, faculty, and staff.

Peer Education/Service Learning Program (LOKAHI Program)

Based at the Health Resource Center, LOKAHI is a peer education/service learning program through which staff and trained student educators provide presentations for classes and other campus groups. Topics include responsible sexuality; safe dating; body image; tobacco; alcohol and other drugs; wellness; and stress management.

Alcohol and Other Drug Education Program (ADEP)

ADEP provides education, brief intervention, counseling, and referral in regard to alcohol and other drugs. This includes work with students who have violated alcohol and/or drug use guidelines, as well as self-referrals. Visit the website at www. hawaii.edu/shs/health_promotion/adep.php.

Mānoa Alcohol Project (MAP)

Mānoa Alcohol Project (MAP) is a grant-funded project providing primary prevention services to reduce underage and harmful consequences of drinking. Visit the website at www. facebook.com/UH.MAP.

Student Employment and Training Opportunities

Paid employment opportunities are listed at the Mānoa Career Center. Volunteers serve in peer education programs and on the Student Health Advisory Council (SHAC). Students also receive training to fulfill academic requirements in medicine, nursing, social work, psychology, and public health. Staff members assist students with research projects.

Food Service

Mānoa Dining Services: A partnership between Student Affairs and Sodexo

2573 Dole Street Honolulu, HI 96822 Tel: (808) 956-2131 (808) 956-8721

Fax: (808) 956-9671

Web: uhm.sodexomyway.com

Mānoa Dining Services has a variety of options for students, staff, faculty, and visitors on campus. Centrally located at Campus Center, you'll find favorites such as Starbucks, Jamba

Juice, Pizza Hut, Taco Bell, Simply To Go, and Campus Center Food Court. Ba-Le, located in Hemenway Hall, specializes in Vietnamese-style sandwiches, pho, bubble teas, and an assortment of grab and go salads and sandwiches. Located on lower campus are Hale Aloha Café and Gateway Café, all-you-care-to-eat dining halls for students, staff, faculty, and visitors.

Mānoa Dining Services also offers catering for all tiers of events. Try our Shoestring menu, which includes ala carte items like furikake mochiko chicken or baked manapua—great for student groups and their budget! Our Community menu is perfect for the casual affair, with themed buffets or party packages featuring wings, tacos, and sandwich options. The Flavors menu is designed to showcase our full service catering. Menu choices range from the Classic Continental breakfast buffets to served luncheons and dinners featuring tasty entrees like roasted chicken florentine. In need of something different? Our Executive Chef is able to design custom menus for your next special event!

Meal Plans

Student Affairs Dining offers meal plans to students living on-campus, as well as for faculty, staff, and student commuters. Full meal plans ranging from 50 meals per semester to 19 meals per week are available for our frequent diners.

Also, Flash Cash, our debit card system, allows you to add cash to your UH ID card. Flash Cash allows you to leave the credit card and cash at home and use your UH ID for your dining purchases. It's quick, convenient, and easy to reload. Additionally, you'll earn up to 10% in bonus points for every deposit. Flash Cash can be purchased at the Campus Center Ticket, Information, and ID Office.

The Resident Dining Club Card is also available for anyone that would like to dine at Hale Aloha and Gateway Cafés. The club card gives you a free all-you-care-to-eat meal after the cash purchase of any 5 meals at either location. You can pick up your club card when you dine at either of these locations.

To view our menu and hours of operation visit us online at uhm.sodexomyway.com.

Mānoa Career Center

Queen Lili'uokalani Center for Student Services 212 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-7007 Fax: (808) 956-4082 Email: careers@hawaii.edu

Web: manoa.hawaii.edu/careercenter

The Mānoa Career Center empowers students to engage in career life planning through awareness, exploration, experience, and reflection. As a student-centered organization, the center contributes to the engagement and retention of students in career life planning through counseling; experiential, work-based learning programs; outreach activities, and workshops that promote professional and personal development. Over 9,000 students engage in an array of services and programs. The Mānoa Career Center motto: Careers begin here.

Career Development

Counseling and Offerings

A variety of offerings are available to assist in career planning for employment and/or graduate or professional schools.

Resources

- Career and experiential listings from local, mainland, and overseas employers
- Job search and applying to graduate school handouts
- Salary information, employer literature, employment market trends, career search related books, and magazines
- Graduate school directories and information

Services

- Personalized career counseling
- Job skills workshops, resume, cover letter, and personal statement reviews
- Credential files
- Employer recruitment program
- Practice interviews

Experiential and Career

Programs and Opportunities

Experience before graduation provides tremendous opportunities to clarify career expectations and develop professional workplace skills. Consider the following experiential and career opportunities.

University

Students work on the campus community

Federal Work Study

 Students utilize need-based aid in campus or community service positions

Non-University

Part-time, full-time, and seasonal work opportunities

Co-op and Internships

Students receive career-related experience before graduation:

- Enhance communication and other transferable skills
- Put theory into practice and gain professional skills
- Engage in job search strategies
- Network with professionals
- Develop and build your career plan and portfolio

Child Care

Children's Center Administrative Office Queen Lili'uokalani Center for Student Services 414 2600 Campus Road Honolulu, HI 96822

Tel: (808) 956-7963 Fax: (808) 956-4160 Email: uhmcc@hawaii.edu

Web: www.hawaii.edu/childrenscenter

Child care is available at the Children's Center on the Mānoa campus for a limited number of two- to five-year-old children of students, faculty, and staff. The facility offers full-time and a limited number of part-week care to approximately 90 children each semester. The Children's Center follows the UH calendar and is open from 8 a.m. to 5 p.m.

The developmental approach to early childhood education offers each child individual attention in an atmosphere that is conducive to building a strong self-concept, interactive skills, and an experiential base. Group sizes and adult-child ratios are favorable, and teachers are degreed and experienced in early childhood education. The program includes a wide range of opportunities for parental involvement. Applications should be made well in advance of the semester needed.

Counseling Services

Counseling and Student Development

Counseling and Student Development Center Queen Lili'uokalani Center for Student Services 312 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-7927 Fax: (808) 956-9682

Web: manoa.hawaii.edu/counseling

The challenges of choosing the right career, achieving or maintaining one's independence, relating successfully to others, and leading a happy and successful life converge during a student's college years. College life adds the concerns of exams, term papers, quizzes, and class reports. Even students who are prepared to do their best in college may experience problems. The Counseling and Student Development Center (CSDC) provides the following services to assist students.

Career Counseling

Students should choose their majors before they progress very far in their academic programs. Most students expect their academic studies to lead to specific careers upon graduation. Career counseling explores strengths and limitations, interests and values, personality and skills, and applies this understanding to developing academic and occupational plans. (See also "Mānoa Career Center.")

Personal Counseling

Some people occasionally, even regularly, feel worried, unhappy, and depressed. Lack of confidence, fear, low self-esteem, inability to get along with others, loneliness, not being able to cope with people and situations, and similar problems can be discussed with one of CSDC's professional counselors. All matters discussed in counseling are confidential and will not affect academic standing.

Psychiatric Consultation

People who find themselves seriously depressed, unable to control their behavior, or doing things they don't understand may want and need psychiatric consultations. A talk with a counselor is required to determine whether psychiatric consultation is needed.

Testing

Testing is frequently used as part of counseling to help students understand themselves better and plan their careers. Counselors will discuss which tests to take and interpret them after they are scored. In addition, the Testing Office administers computer-based exams such as GRE, TOEFL, PRAXIS, and MCAT. To schedule an exam, go to the respective exam's website, such as www.ets.org and www.aamc.org/students/applying/mcat/. There are also some paper-based exams, such as LSAT and MPRE, that are administered by the Testing Office.

Outreach

Workshops and seminars to promote personal development and academic success are offered throughout the year. Stress management, assertiveness, improving self-esteem, career and life planning, and coping with difficult people are just a few of the topics that are available. Sessions to address specific needs can be developed and conducted at the request of faculty or a group of students.

Consultation

CSDC provides consultation services for individual students, faculty, and groups that may need help in solving organizational problems, overcoming interpersonal difficulties, and planning staff development programs.

Office of Judical Affairs

Queen Lili'uokalani Center for Student Services 207 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-4416 Fax: (808) 956-2537 Email: oja@hawaii.edu

Anchored by theoretical and philosophical approaches of adult development and education, the Office of Judicial Affairs is committed to ensuring the rights and upholding the responsibilities of students to create a safe and welcoming campus learning environment.

Support Services

Office of Admissions-Campus Recruitment

Queen Lili'uokalani Center for Student Services 001 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-7137 Fax: (808) 956-4148 Email: visituhm@hawaii.edu

Web: manoa.hawaii.edu/admissions/

Admissions Counselors work with school staff and community organizations to encourage their students to pursue higher education. Services that facilitate students' undergraduate enrollment to UH Mānoa are provided by this office. In addition, the Office of Admissions offers campus tours and on-campus and off-campus recruitment programs to prospective undergraduate students and their families.

Individuals and groups wishing to learn more about UH Mānoa undergraduate programs and resources may contact the Office of Admissions. Campus tours are offered daily (Monday through Friday) by appointment at: manoa.hawaii.edu/admissions/visit/ or email: visituhm@hawaii.edu.

Advocacy Office

Queen Lili'uokalani Center for Student Services 210 2600 Campus Road Honolulu, HI 96822

The Advocacy Office falls under the UH Mānoa Chancellor's Office. It provides assistance and advocacy for students, staff, and faculty at UH Mānoa through direct services, training, and consultation regarding various areas of civil rights, gender discrimination, and gender-based violence. The specific areas and services available to the UH Mānoa community are described below.

Civil Rights Specialist

Tel: (808) 956-4431 Fax: (808) 956-4541 Email: jln@hawaii.edu

The Civil Rights Specialist advises students, employees, applicants, and the public on the UH's complaint process and procedures. The Civil Rights Specialist also advises and counsels students and employees on their rights under state and federal nondiscrimination laws.

The Civil Rights Specialist sets up alternative dispute resolutions and assists in resolving disputes through informal procedures.

The Civil Rights Specialist conducts training workshops systemwide that cover policies, procedures, and laws pertaining to civil rights, affirmative action, and other discrimination issues. The Civil Rights Specialist can be contacted in person, by phone, by mail, or through email.

Gender Equity Specialist

Tel: (808) 956-9977 Fax: (808) 956-4541 Email: geneg@hawaii.edu

Web: manoa.hawaii.edu/genderequity

The Gender Equity Specialist provides advocacy services to students, faculty, and staff members on matters relating to sexual harassment, sexual assault, domestic violence, stalking, and gender discrimination. Services include counseling; filing informal complaints through the university; developing long-term coping strategies; short and long-term case management; implementing vital safety plans for daily life; outreach to off-campus resources; and arranging informal resolutions. In addition, the Gender Equity Specialist can assist in filing formal complaints with the Equal Employment Opportunity/ Affirmative Action (EEO/AA) Office of the Vice Chancellor for Students. The Gender Equity Specialist will answer questions, listen to complaints, offer advice on filing procedures, advocate for the best interests of the client, and help protect the grievant from retaliation.

In addition to individual advocacy, the Gender Equity Specialist offers comprehensive training to the campus population on interpersonal, inter-gender, and cross-cultural communication; the rights and responsibilities of students, faculty, and staff on issues relating to sexual harassment in academia; and interpretation of state and federal laws and guidelines. The Gender Equity Specialist is also intimately involved in raising awareness of gender-based violence and discrimination to the UH Mānoa community through workshops, seminars, and outreach.

Students, faculty, and staff members may contact the Gender Equity Specialist in person, by phone, by mail, or through email.

Bridge to Hope

Queen Lili'uokalani Center for Student Services 211 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-8059 Fax: (808) 956-9314 Email: bthinfo@hawaii.edu

Web: www.hawaii.edu/bridgetohope/

Bridge to Hope (BTH) provides student support services to low income students with children. Bridge to Hope assists with on-campus student employment and other services to help welfare (TANF) participating students succeed in their educational goals. Bridge to Hope (TANF) is available on every UH campus. The systemwide coordinator is located at UH Mānoa in the Women's Center.

College Opportunities Program

Queen Lili'uokalani Center for Student Services 308 2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-6186 Fax: (808) 956-6837

Email: copuhm@hawaii.edu Web: www.hawaii.edu/cop/

The College Opportunities Program (COP) offers a statewide entry-level freshman program that provides a summer and first-year college experience. Its mission is to recruit, screen, select, and prepare Hawai'i residents for a successful freshman year at UH Mānoa. The program recruits individuals who may not meet the requirements for regular UH Mānoa admission, are academically under-prepared, economically disadvantaged, non-traditional, or in need of a structured college entry. Selected students who participate in and meet the summer program requirements gain admission to the UH Mānoa in the fall semester.

Graduate and Professional Access (GPA)

Queen Lili'uokalani Center for Student Services 413 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-9663 Fax: (808) 956-9240 Email: maileg@hawaii.edu

Graduate Professional Access (GPA) addresses underrepresented students in graduate and professional degree programs. Through partnerships with current student support programs serving underrepresented ethnic minorities in the public school system, GPA conducts research on access to higher education, provides internship opportunities in STEM fields, service learning projects, and test preparation for entry into graduate degree programs. GPA provides support and retention activities that increase the entry and graduation rate of underrepresented students from graduate and professional degree programs that will diversify the workforce in Hawai'i and the Pacific.

Health Careers Opportunity Program

Queen Lili'uokalani Center for Student Services 413 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-3404 Fax: (808) 956-9240 Email: hcop@hawaii.edu

Web: www.hawaii.edu/diversity/HCOP

The Health Careers Opportunity Program (HCOP) strives to build diversity in the health workforce by providing high school and college students from disadvantaged backgrounds an opportunity to develop the skills needed to enter, and graduate from health professions schools. The goal of HCOP is to increase the number of health professionals serving in areas of need in Hawai'i and the Pacific. HCOP provides career exploration and shadowing; learning skills development; academic, financial aid, and personal counseling; preparation for college majors in health programs; and certification in first aid and CPR.

KOKUA Program (Office for Students with Disabilities)

Queen Lili'uokalani Center for Student Services 013 2600 Campus Road Honolulu, HI 96822

Tel: (808) 956-7511 (Voice/Text)

(808) 956-7612 (Voice/Text)

Fax: (808) 956-8093 Email: kokua@hawaii.edu Web: www.hawaii.edu/kokua

The KOKUA Program provides disability access services to UH Mānoa students with documented physical and/or mental disabilities, e.g., health disabilities, hearing impairments, learning disabilities, mobility restrictions, psychological disabilities, visual impairments, etc. Services include alternate media, campus intervention, disability access counseling, early registration, faculty liaison, note-taking, sign language interpreting, technology access, testing accommodations, etc. Accessible on-campus transportation may be available. Students with disabilities who may require disability access services are strongly encouraged to contact KOKUA of their needs as far in advance as possible to ensure better campus access.

New students should contact KOKUA for program orientation at least two months prior to the start of their entering semester. Although KOKUA strives to ensure campus access for students with disabilities, it is necessary to note that the century old campus (located on hilly terrain) does pose architectural barriers that are being addressed by on-going projects.

The university is committed to ensuring equal access to the Mānoa experience for students with disabilities. Creating equal access is a shared responsibility involving the student, KOKUA, and the rest of the campus community.

<u>Kua'ana Native Hawaiian Student Development</u> Services

Office of Student Equity, Excellence and Diversity Queen Lili'uokalani Center for Student Services 406 2600 Campus Road

Honolulu, HI 96822

Tel: (808) 956-5945, (808) 956-8944

Fax: (808) 956-2646

Web: www.hawaii.edu/kuaana

Kua'ana Native Hawaiian Student Development Services (Kua'ana) reflects the belief that higher education is a major factor in ensuring a better future for Hawaiians as individuals and as a people. Kua'ana focuses on encouraging and facilitating the entry of Hawaiian students into UH Mānoa and supports them in fulfilling their academic expectations through the development of new programs and the use of existing resources. Kua'ana services include scholarship awards, peer support, the Annual Hapai Pu Financial Aid Fair, a comprehensive community service program designed especially for Hawaiian students to interact with programs, projects and issues in the Hawaiian community, access to scholarship opportunities, and support for all Native Hawaiian students in STEM-related programs.

<u>Lesbian, Gay, Bisexual, Transgender and Queer</u> <u>Center</u>

Queen Lili'uokalani Center for Student Services 211 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-9250 Fax: (808) 956-9314

Email: lgbtq@hawaii.edu

Web: manoa.hawaii.edu/lgbt/index.html

Lesbian, Gay, Bisexual, Transgender, and Queer Center (LGBTQ+) strives to maintain a safe and inclusive campus environment for all students of UH Manoa regardless of their gender identity or sexual orientation. Our office offers a lending library on LGBTQ issues and Queer Theory; a WiFi wireless hotspot; lounge to relax or bring your lunch; and meeting area to read or study. LGBTQ Center also offers a range of educational, information, and advocacy programs.

- 1. Crisis response and professional referral services relating to harassment and bias-related incidents, and other specialized
- 2. Resources and individualized support on issues such as "coming out," positive identity development, healthy relationships, and academic/career planning.
- 3. The Safe Zone Training Program for allies of LGBTQ people raises awareness of LGBTQ issues on campus and sharpens skills of allies to help end harassment. Ally participants receive a poster to display to indicate that they are part of a professional network of student support.
- 4. Student support via weekly drop-in groups for LGBTQ and ally students and support for student run programs, events and clubs, including our weekly LGBTQ and Ally Coffee
- 5. Educational programs and events, including National Coming Out Day in October; "The Gathering," our annual UH Systemwide LGBTQ conference; and Rainbow Graduation, which celebrates the achievements of our graduating LGBTQ and ally students.

Office of Multicultural Student Services

Queen Lili'uokalani Center for Student Services 309

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-7348 Fax: (808) 956-4622

Web: www.manoa.hawaii.edu/omsshui/

The Office of Multicultural Student Services (OMSS) seeks to increase the awareness and appreciation of multicultural issues impacting UH Manoa and the larger community. To accomplish this mission, OMSS seeks to (a) provide employment, training, and educational support to UH Manoa students who wish to tutor and advise public school students; (b) address the problem of underrepresentation of minorities in higher education by recruiting students of underrepresented ethnic groups to apply for admission to UH; (c) coordinate special projects for under-served populations and communities; and (d) conduct UH Manoa campus activities that identify and increase awareness of multicultural issues. OMSS also functions as a university partner with community agencies and organizations having similar goals of addressing ethnic-racial prejudice and discrimination in Hawai'i.

National Student Exchange (NSE)

Queen Lili'uokalani Center for Student Services 406 2600 Campus Road Honolulu, HI 96822

Email: exchange@hawaii.edu

Website: www.hawaii.edu/diversity/nse/

The National Student Exchange (NSE) is a not-for-profit consortium of baccalaureate-granting colleges and universities in the U.S., Canada, Guam, Puerto Rico, and the U.S. Virgin Islands. The program features a tuition reciprocity system that allows students to attend their host institution by paying either the in-state tuition/fees of their host institution or the normal tuition/fees of their home campus.

New Student Orientation

Campus Center 208 2465 Campus Road Honolulu, HI 96822 Tel: (808) 956-3667 Fax: (808) 956-4810

Email: nso@hawaii.edu Web: www.hawaii.edu/nso

Before the spring and fall semesters begin, the Office of Student Life and Development offers New Student Orientation (NSO) sessions for incoming freshman and transfer students as well as their parents and family members. Student sessions have been designed to help prepare incoming students for their first year at UH Manoa by providing important information about campus life and how to access campus resources. Students who attend NSO sessions also learn how to get involved in co-curriculum programs, engage with other new students, and network with current UH Manoa students. Participants in parent sessions learn about the campus, available resources, and current policies to provide support and encouragement to their student during their time at UH Manoa.

PAU (Prevention, Awareness, Understanding) Violence Program

Queen Lili'uokalani Center for Student Services 211

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-8059 Fax: (808) 956-9314

Email: uhmpau@hawaii.edu

Web: www.manoa.hawaii.edu/pauviolence/

The PAU (Prevention, Awareness, Understanding) Violence Program provides training and education to students, faculty, and staff around issues of relationship violence, sexual assault, and stalking. Housed under the Women's Center, the PAU Violence Program also coordinates a campus-community partner response team known as the Sexual Assault Task Force, which meets regularly to develop, implement, and evaluate victim-centered policies and procedure related to sexual and relationship violence issues for UH Manoa students. PAU Violence also provides crisis support and referrals to survivors of sexual and relationship violence.

Senior Citizen Visitor Program-Nā Kūpuna

Queen Lili'uokalani Center for Student Services 413

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-4642 Fax: (808) 956-9240

Email: nakupuna@hawaii.edu

Web: www.hawaii.edu/diversity/seed-programs/na-kupunaprogram

The Senior Citizen Visitor Program (SCVP) or Na Kūpuna, administered by Student Equity, Excellence, and Diversity (SEED), is available to residents of Hawai'i who are age 60 years and older. The program allows senior citizens to participate in UH Manoa classes offered during the fall and spring semesters, provided they have the consent of the instructor. Visitors are exempt from tuition; course credit is not awarded, and permanent records are not maintained. Senior citizens wishing to receive credit for courses must apply for admission to the university and must pay all tuition and fees.

Office of Student Equity, Excellence, and Diversity

Queen Lili'uokalani Center for Student Services 413

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-4642 Fax: (808) 956-9240 Email: seed@hawaii.edu

Web: www.hawaii.edu/diversity/

The Office of Student Equity, Excellence, and Diversity (SEED) coordinates various programs, projects, and committees at UH Mānoa and other campuses that support diversity on our campus, including services for students with disabilities, Native Hawaiians, and ethnic groups underrepresented in higher education, women, lesbian, gay, bisexual, transgendered, and intersex students, academically talented students, as well as underprepared and disadvantaged students.

SEED administers several programs aimed at specific constituencies such as: Bridge to Hope, Children's Center, College Opportunities Program, Graduate and Professional Access, Health Careers Opportunities Program, KOKUA, Kua'ana Student Services, LGBTQ Center, Office of Multicultural Students Services, National Student Exchange, Senior Citizen Visitor Program, Student Parents at Mānoa, Student Veterans at UH Mānoa, and the Women's Center. In addition, SEED has major grant-funded programs including: GEAR UP Mānoa Waipahu Complex, Mānoa Educational Talent Search, Nā Pua No'eau, Program for Afterschool Literacy Support, PLACES (Place based Learning and Community Engagement in School), and the PAU Violence Program.

Student Parents at Mānoa (SPAM)

Queen Lili'uokalani Center for Student Services 211 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-8059 Fax: (808) 956-9314 Email: gotkids@hawaii.edu

Web: www.manoa.hawaii.edu/studentparents

Student Parents At Mānoa (SPAM) provides student support services to all students with children to support, encourage, and mentor student parents as they pursue their degrees in higher education. SPAM connects students with campus and community-based resources, organizes events, and seeks to increase the visibility of and build a community of student parents on campus.

Women's Center

Queen Lili'uokalani Center for Student Services 211

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-8059 Fax: (808) 956-9314

Email: uhmwomen@hawaii.edu Web: www.hawaii.edu/womenscenter/

The Women's Center functions as a safe gathering place for students. It offers study lounges and meeting space, crisis support and referrals to survivors of relationship violence, sexual assault, stalking, academic and personal development workshops, educational lectures and programs, a reading resource library, and a comprehensive community information center.

The programs housed at the Women's Center are: the Bridge to Hope Program; Student Parents at Mānoa; the Lesbian, Gay, Bisexual, Transgender and Queer Center; and the PAU Violence Program.

Veterans Affairs

Queen Lili'uokalani Center for Student Services 010

2600 Campus Road Honolulu, HI 96822 Tel: (808) 956-8010 Fax: (808) 956-7830

The Veterans Affairs (VA) Certifying Official, located in the Office of the Registrar, assists military veterans and their dependents who are eligible for Montgomery GI Bill® benefits. Every semester, after students meet with their academic advisors, the VA Certifying Official certifies that students are enrolled in courses that are applicable to their VA-approved degree programs. Once certified, students will receive monthly benefits from the Department of Veterans Affairs.

Office of the Veteran Student Services

Queen Lili'uokalani Center for Student Services 310 2600 Campus Road

Honolulu, HI 96822 Tel: (808) 956-2192 Fax: (808) 956-9240 Email: ovss@hawaii.edu

Web: studentaffairs.manoa.hawaii.edu/veterans/about_ovss.php

The Office of Veteran Student Services provides support for all Student Veterans and Military Connected Students at the UH Mānoa. This includes providing information on VA Health and Education benefits, social and academic support, outreach, and transitioning from military to college. This office also provides support services through the Veterans Affairs Veteran Success on Campus and the Veterans Integration to Academic Leadership programs.

Visual and Performing Arts

University of Hawai'i Art Gallery

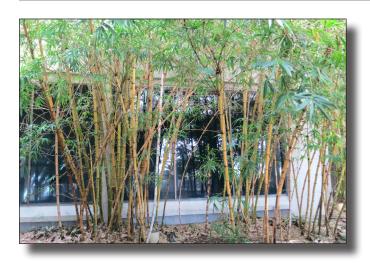
Art Building, first floor 2535 McCarthy Mall Honolulu, HI 96822 Tel: (808) 956-6888

Fax: (808) 956-9659 Email: gallery@hawaii.edu

Web: www.hawaii.edu/art/exhibitions+events/exhibitions/

One of the finest temporary exhibitions spaces in the nation, the UH Art Gallery is in the center of the Art Building's bamboo court. Besides student and faculty exhibits, a varied exhibition program plays a significant role in providing information about the visual arts in a contemporary context. To enhance a specific theme, the installation design is completely changed for each major exhibition. The gallery has received numerous awards for the excellence of its exhibitions and publications.

Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Sunday from noon to 4 p.m. Admission is free.



Commons Gallery

Art Building, first floor 2535 McCarthy Mall Honolulu, HI 96822 Tel: (808) 956-6888

Fax: (808) 956-9659 Email: gallery@hawaii.edu

Web: www.hawaii.edu/art/exhibitions+events/exhibitions/

The Commons Gallery serves an important role as a showcase for exhibitions of works by art faculty and students and visiting artists. The exhibits change bi-weekly.

Gallery hours are Monday through Friday from 10 a.m. to 4 p.m., and Sunday from noon to 4 p.m. Admission is free.

John Young Museum of Art

Krauss Hall, first floor 2500 Dole Street Honolulu, HI 96822 Tel: (808) 956-7198

Email: mcadora@hawaii.edu

Web: www.hawaii.edu/johnyoung-museum/

The purpose of the John Young Museum of Art (JYMA) is to enhance the knowledge and appreciation of art, to further art education at the university for the benefit of students and the community, and to serve as a research center for scholars. Its collection represents the University of Hawai'i's special interests in Asia and the Pacific region and was largely contributed by the late John Young, whose vision and inspiration for a museum on the campus became the university's first museum. The JYMA grounds include a courtyard with a water garden and reflecting pool. (JYMA is currently closed for roof and facility maintenance. Re-opening TBA.)

John F. Kennedy Theatre

1770 East-West Road Honolulu, HI 96822

Tel: (808) 956-7655 (box office) (Voice/Text)

(808) 956-7677

Web: manoa.hawaii.edu/liveonstage/kennedy-theatre

The John F. Kennedy Theatre is home to the classes and productions of the Department of Theatre and Dance. This 600+ seat facility is among the best in the world for presentations of Asian and Western theatre and dance. The department is internationally known for its English language presentations of kabuki and jingju (Beijing "opera"). Kennedy Theatre serves as a laboratory for student technicians, actors,

dancers, designers, musicians, playwrights, choreographers, and directors.

Kennedy Theatre seasons regularly feature dance concerts, classic and contemporary/experimental Western plays, and Asian theatre, theatre for young audiences, and Hawaiian theatre productions. Auditions are open to all UH Mānoa students interested in learning about performance or production.

The Earle Ernst Lab Theatre, an intimate 100+ seat house that serves as an adjunct performing space, features student productions, late-night theatre, workshops, and experimental presentations.

UH Mānoa students are entitled to special discount prices on tickets for most productions at Kennedy Theatre through funding from their student activity fees. Students must present a validated UH Mānoa photo ID to obtain the specially priced tickets. Contact the box office or visit the website for information on current shows and ticket outlets.

Mae Zenke Orvis Auditorium

2411 Dole Street Honolulu, HI 96822

Tel: (808) 956-8742 (recorded information)

(808) 956-7756 Fax: (808) 956-9657

Email: uhmmusic@hawaii.edu Web: manoa.hawaii.edu/music/

With the best acoustics of any concert hall its size in the state, the Mae Zenke Orvis Auditorium is the site of numerous recitals and concerts. The auditorium seats 400, providing an intimate yet formal setting for soloists and small ensembles. The auditorium is used throughout the year for performances of both Western and ethnic music by the music department, the UH Mānoa community, and local and international artists.

Tickets for most music department events may be reserved by calling (808) 95-MUSIC (68742) or may be purchased in advance at the UH Mānoa Campus Center Information Desk. Remaining tickets will be available at the door one hour before each performance. Many events are free.

Call Music at Manoa Events Information for recorded concert information, or visit the music department's website.

Recreation

Intercollegiate Athletics

Physical Education/Athletics Complex 1337 Lower Campus Road

Honolulu, HI 96822

Tel: (808) 956-6580 (student-athlete services)

(808) 956-3388 (student-athlete academic services)

(808) 956-7523 (sports information)

(808) 956-7301 (athletics director)

(808) 956-6247 (baseball)

(808) 956-6501 (men's basketball)

(808) 956-5032 (women's basketball)

(808) 956-2532 (cross country/track field)

(808) 956-6508 (football)

(808) 956-4527 (men's golf)

(808) 956-4333 (women's golf)

(808) 956-5177 (sailing)

(808) 956-2891 (women's beach volleyball)

(808) 956-4525 (women's soccer)

(808) 956-4506 (softball)

(808) 956-7510 (swimming diving)

(808) 956-4512 (men's tennis) (808) 956-3655 (women's tennis) (808) 956-9931 (men's volleyball) (808) 956-4533 (women's volleyball)

(808) 956-4453 (women's volleyball)

Fax: (808) 956-4637

Intercollegiate sports at the NCAA Division I level provide the UH Rainbow Warriors and Rainbow Wahine the opportunity to compete against the nation's finest teams. The football team competes in the Mountain West Conference. The men's and women's swimming and diving, and indoor track and field teams compete in the Mountain Pacific Sports Federation. Sailing competes in the Pacific Coast Collegiate Sailing Conference. All other men's and women's teams compete in the Big West Conference.

Men's sports include baseball, basketball, football, golf, swimming and diving, tennis, and volleyball. Women's sports include basketball, cross-country, golf, soccer, softball, swimming and diving, tennis, indoor and outdoor track and field, indoor volleyball, beach volleyball, and water polo. The sailing team and cheerleading squad are open to both men and women. Intercollegiate athletics operates under a policy of gender equity. See "Campus Policies and Information" for details.

Office of Student Life and Development

Campus Center 208 2465 Campus Road Honolulu, HI 96822 Tel: (808) 956-8178

Fax: (808) 956-4810 Email: sld@hawaii.edu

Web: www.manoa.hawaii.edu/studentlife/

Learning and development take place in many ways on a college campus. The Office of Student Life and Development (SLD) provides opportunities to make new friends, try new activities, test new ideas, and acquire new skills. SLD coordinates a variety of student-administered programs, activities, and services that make out-of-class time a positive educational experience. SLD also provides leadership training through a variety of credit and noncredit classes.

More than 200 student, faculty, and staff organizations are registered with SLD. Organizations that register with SLD have access to campus facilities and other resources. These organizations represent varied interests and activities including academic, professional, political, social, religious, recreational, and service groups. A complete list of organizations and detailed information on joining a Registered Independent Organization (RIO) is available on the SLD website.

SLD assists UH's five chartered student organizations in achieving their goals and objectives; provides administrative services for more than 200 RIOs; fosters educational, recreational, cultural, and social programs and activities; provides trained, experienced advisors who teach leadership and organizational skills.

Student Recreation Services

Physical Education/Athletics Complex 200 1337 Lower Campus Road

Honolulu, HI 96822

Tel: (808) 956-7694/6468 (Lower Campus office) Tel: (808) 956-5490 (Warrior Recreaction Center) Web: www.manoa.hawaii.edu/studentrec Student Recreation Services provides a variety of recreational activities and services.

Informal Recreation (including the Warrior Recreation Center at the Campus Center and the athletic facilities in the Lower Campus): Athletic facilities are available for students to use for the following activities: basketball, volleyball, swimming, tennis, table tennis, badminton, and jogging. The Warrior Recreation Center contains strength and cardiovascular equipment, basketball and volleyball courts, and an indoor track. A schedule of hours is provided at the start of each semester.

Warrior Fitness Program (at the Warrior Recreation Center): Non-credit classes and activities are available through this program, which is designed to promote a healthy, balanced lifestyle. The fitness and wellness classes, which are offered throughout the day, provide the perfect stress relief from school work. For more information, contact us at rechi@hawaii.edu.

Intramural Sports: Organized leagues and tournaments are scheduled for various team and individual sports. Sports include flag football, basketball, volleyball, soccer, and softball. Visit us at www.imleagues.com for more information and registration.

Outdoor Education: Non-credit classes and activities are offered and available through this program. Classes/activities include surfing, body boarding, sailing, hiking, snorkeling, stand-up paddling, SCUBA, kayaking, and more. Check our website for details.

Outdoor Equipment/Sports Equipment Rental and Check Out: Equipment is for rent to students, faculty, and staff with a valid UH ID and a credit card for the deposit. Equipment for rent includes surfboards, kayaks, body boards, mask/snorkel/fins, backpacks, coolers, camping tents and picnic canopies, volleyball kits, flag football and softball equipment, dodge balls, tug-of-war ropes, and more.

Rec Sports Council Activities: The Rec Sports Council provides weekly (usually Friday night) activities throughout the school year. These activities include many traditional sports as well as some less familiar albeit fun and entertaining ones. Check them out on www.facebook.com/recsportsboard.

Campus Center Complex

Campus Center Ticket, Information, and ID Office Campus Center 212 2465 Campus Road Honolulu, HI 96822

Tel: (808) 956-7235 (Information Hotline)

(808) 956-7236 Fax: (808) 956-3917

Web: www.hawaii.edu/campuscenter

Campus Center Complex (CCC), the university's student union, includes Hemenway Hall, the Warrior Recreation Center, and the Campus Center buildings and serves as the "community center" of UH Mānoa. It provides facilities for programs, services, and opportunities offered by the Campus Center Board (CCB) and other student organizations, resulting in a comprehensive plan for the community life of the campus.

The complex is home to the Mānoa One Card, and includes an information desk/ticket window, computer lab, retail dining, catering services, lounges, banking facilities, photocopying service, RIO center for student organizations, graphics services, an open market, and meeting rooms of various sizes, including a ballroom.

Many student organizations are housed in the Campus Center Complex, providing opportunities for practical experience in leadership development and social responsibility through student-run programs, activities, and services. In addition to these volunteers, more than 100 part-time student assistants within the student union are employed in diverse and challenging jobs vital to the operation of the complex. These jobs offer valuable work experience to UH Manoa students in a supportive atmosphere, encouraging and rewarding personal responsibility and growth while supporting the educational and developmental mission of UH Manoa.

Student Organizations

Associated Students of the University of Hawaii

Campus Center 211A 2465 Campus Road Honolulu, HI 96822 Tel: (808) 956-4822 Fax: (808) 956-5360

Web: asuh.hawaii.edu

The Associated Students of the University of Hawai'i (ASUH) is the chartered student organization whose membership includes all full-time (12 credit hours or more per semester) classified undergraduates. It is governed by the ASUH Senate, elected annually each spring. The senate is made up of four executive officers and 34 senators who represent students in the various academic colleges and students at large.

Any ASUH member in good academic standing may seek

elective office.

The senate works toward improving the quality of undergraduate student life and represents the needs, interests, and concerns of its constituents through participation in UH policy-making and advisory committees, research and lobbying action on campus and community issues, and the sponsorship and funding of a variety of programs and activities.

Student Media Board

2445 Campus Road Hemenway 107 Honolulu, HI 96822 Tel: (808) 956-7043

Fax: (808) 956-9962

Web: www.manoanow.org/smb

The Student Media Board (SMB) was created in June 2014 as a result of the merging of two former Chartered Student Organizations: The Board of Publications and the Broadcast Communication Authority. This 11-member governing board is comprised of students, faculty/staff, and media professionals and governs the student news media (Ka Leo O Hawai'i), the student literary journal (Hawai'i Review), digital media production (UH Production), and broadcast programming over Federal Communication Commission (FCC)-allocated frequencies and channels (KTUH 90.1 FM). These programs offer UH students the opportunity to manage, produce, and engineer radio and video/filmmaking projects, pre-professional experience in journalism, personnel and business management, marketing/public relations, writing, graphic design, web design and software applications, social media, writing and more. SMB provides a variety of cultural, educational, informational, and musical programs for the university and communities beyond.

Campus Center Board

Campus Center 313 2465 Campus Road Honolulu, HI 96822 Tel: (808) 956-9670 Fax: (808) 956-4810

Web: www2.hawaii.edu/~ccbac/Activities_Council/Home.html

The Campus Center Board (CCB) is the governing, policymaking authority for the programs, services, and facilities of the Campus Center Complex, the college union facility on campus. The 17-member board represents various campus constituencies: students, faculty, staff, and alumni. CCB serves its constituents in two ways: a multifaceted activities program and a comprehensive array of services in Campus Center, Hemenway Hall, and the Warrior Recreation Center.

CCB also sponsors programs through its Activities Council and Recreation Sports Council committees, which plan recreational activities, educational support programs, dances, personal wellness events, concerts, and cultural programs.

Graduate Student Organization

Hemenway 212 2445 Campus Road Honolulu, HI 96822 Tel: (808) 956-8776 Fax: (808) 956-4810

Web: gso.hawaii.edu

The Graduate Student Organization (GSO) represents the academic interests of over 5,000 graduate students attending UH Mānoa, the flagship campus of the UH System.

The GSO places a particular emphasis on fostering excellence in research at both the PhD and master levels. As such, the GSO endeavors to facilitate research initiatives from graduate students through its Grants and Awards program.

The GSO also provides input on all issues affecting UH graduate students and the UH Manoa campus. It has representatives sitting on over 40 university committees and participates in a wide variety of graduate student, campus, and community events.

Student Activity and Program Fee Board

Hemenway 220C 2445 Campus Road Honolulu, HI 96822 Tel: (808) 956-4842

Fax: (808) 956-4810

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The Student Activity and Program Fee Board (SAPFB) is an eleven-member board composed of students, faculty, and staff members that makes recommendations to the Manoa Vice Chancellor for Students regarding the allocation of the student activity and program fee. This fee supports a variety of co-curricular activities, programs, and services. SAPFB solicits and reviews requests for funding from campus organizations, departments, and programs that are not funded by other chartered organizations.